



**Stations of the Cross**  
**Wednesday of Holy Week**  
**St. John's Church**



The stations of the cross are an invitation to reflect on Jesus's last hours, from his condemnation to death, through to his body being laid in the tomb. They give us an opportunity to consider his journey, made willingly for us all.

*At each station we will begin with:*

We adore you, O Christ, and we praise you,  
**By your holy cross you have redeemed the world.**

*and end, after a reading and/or a reflection and prayer,  
with the words:*

**Hold God,  
holy and strong,  
holy and immortal,  
have mercy on us.**

*Followed by this Taize Chant*

Chord progression: Eb, Fm7, Bb, Eb

Jesus, remember me when you come in-to your kingdom.

Chord progression: Cm, Fm7, Bb, Eb

5 Jesus, remember me when you come in-to your kingdom.

## **Welcome**

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

**Amen.**

Jesus told his disciples, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it.'

*Matthew 16.24,25*

Once we were far off, but now in union with Christ Jesus we have been brought near through the shedding of Christ's blood, for he is our peace.

*Ephesians 2.13,14*

Let us pray.

Almighty and everlasting God,  
who in your tender love towards the human race  
sent your Son our Saviour Jesus Christ  
to take upon him our flesh and to suffer death on the cross:  
grant us patience and humility after his example  
and be made partakers of his resurrection;  
through Jesus Christ your Son our Lord,  
**Amen.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us.**

## **First Station: Jesus Is Condemned To Death**

We adore you, O Christ, and we praise you,  
**by your holy cross you have redeemed the world.**

### **Mark 15:1–5,11–15**

Jesus was taken in chains to Pilate. The chief priests were accusing Jesus of many things, so Pilate questioned him. 'Aren't you going to answer?' he said. 'Listen to all their accusations.' Jesus refused to say a word and Pilate was amazed. Pilate spoke to the crowd. 'What do you want me to do with this one you call King of the Jews?' They shouted back, 'Crucify him!' 'But what crime has he committed?' Pilate asked. They shouted all the louder, 'Crucify him!' 'Pilate wanted to please the crowd, so he set Barabbas free for them. Then he had Jesus whipped and handed him over to be crucified.

### **Meditation**

Pilate asked what crime Jesus had committed.

It was a good question.

Jesus had annoyed the religious leaders, of that there was no doubt. He had been critical of social and religious structures.

He had healed the villagers; he had told stories to the crowds; he was probably a threat to public law and order; but was that enough to condemn him, to end his life?

But he would not defend himself.

The storyteller was silent now

And the crowd was a noisy, insistent mob getting out of hand.

Pilate handed him over to be crucified.

### **Prayer**

For those on trial this week and for those appointed to judge them:  
God in your mercy, **hear our prayer.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us.**

We sing: '*Jesus, remember me when you come into your Kingdom*'

## **Second Station: Jesus Takes Up His Cross**

We adore you, O Christ, and we praise you,  
**by your holy cross you have redeemed the world.**

### **Bible reading – Mark 15:16–20**

The soldiers took Jesus inside, to the courtyard of the governor's palace and called together the rest of the company. They put a purple robe on Jesus, made a crown out of thorn branches, and put it on his head. Then they began to salute him: 'Long live the King of the Jews.' They beat him over the head with a stick, spat on him, fell on their knees and bowed to him. When they had finished mocking him, they took off the purple robe and put his own clothes back on him. Then they led him out to crucify him.

### **Meditation**

Soldiers taking the chance for a bit of fun.

Soon they would have to put on their public face – disciplined, controlled, efficient.

But for now a bit of a lark with the lads  
and no risk of recrimination.

Dead men tell no stories, and Jesus was going to his death.

### **Prayer**

For those appointed to keep public order,  
and for those tempted to abuse their power:  
God in your mercy, **hear our prayer.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us.**

*'Jesus, remember me when you come into your Kingdom'*

## **Third Station: Jesus Falls For The First Time**

We adore you, O Christ, and we praise you,  
**by your holy cross you have redeemed the world.**

### **Bible reading – Isaiah 53:1**

Who would have believed what we now tell?  
Who could have seen God's hand in this?

### **Meditation**

Jesus was exhausted.  
He was in pain.  
He was going to his death.  
The cross was heavy and he fell.  
He was flesh and blood like us.  
He was struggling.

### **Prayer**

For those who are tired or in pain:  
God in your mercy,  
**hear our prayer.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us.**

*'Jesus, remember me when you come into your Kingdom'*

## **Fourth Station: Jesus Meets His Mother**

We adore you, O Christ, and we praise you,  
**by your holy cross you have redeemed the world.**

### **Bible reading – Luke 2:22,25,34,35**

The time came for Joseph and Mary to perform the ceremony of purification as the Law of Moses commanded. So they took the child Jesus to Jerusalem to present him to the Lord.

At that time there was a man named Simeon living in Jerusalem. Simeon blessed them and said to Mary, 'This child is chosen by God for the destruction and salvation of many in Israel. He will be a sign from God which many people will speak against and so reveal their secret thoughts. And sorrow, like a sharp sword, will break your own heart.'

### **Meditation**

She was going to be there at his end –  
she who had been there with God at his beginning.  
She was his mother.  
She had fed him and cradled him and watched over his growing.  
Whatever he had said and done, he was still her son –  
and she would not desert him now.  
Whatever pain of his she could embrace she would.  
And in the meeting of their eyes there was love,  
suffering and shining.

### **Prayer**

For parents whose children are in pain or in trouble:  
God in your mercy, **hear our prayer.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us.**

*'Jesus, remember me when you come into your Kingdom'*

## **Fifth Station: Simon Helps Jesus To Carry His Cross**

We adore you, O Christ, and we praise you,  
**by your holy cross you have redeemed the world.**

### **Bible reading – Mark 15:21**

On their way through Jerusalem they met a man named Simon, who was coming into the city from the country, and the soldiers forced him to carry Jesus' cross.

### **Meditation**

Simon from Cyrene, father of Alexander and Rufus,  
what a tale you had to tell your children!  
You gave Jesus your strength.  
you helped him when he needed you.  
Willing or unwilling, you, Simon, became part of his story –  
and he became part of yours.

### **Prayer**

For a willingness to serve you,  
in friends and in strangers,  
God in your mercy, **hear our prayer.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us.**

*'Jesus, remember me when you come into your Kingdom'*

## **Sixth Station: Veronica Wipes The Face Of Jesus**

We adore you, O Christ, and we praise you,  
**by your holy cross you have redeemed the world.**

### **Bible reading – Matthew 25:35–36,40**

I was hungry and you fed me,  
thirsty, and you gave me a drink.  
I was a stranger and you received me in your homes,  
naked and you clothed me;  
I was sick and you took care of me,  
in prison and you visited me.  
Whenever you did this for anyone you did it for me.

### **Meditation**

Wiping faces, dirty faces; faces full of sweat and tears,  
faces covered in chocolate and in jam.  
Wiping faces is something we try to do gently and lovingly,  
something that soothes and cleanses,  
something that brings healing.  
Wiping faces is something we do for those who are young, or old,  
or in pain, or in trouble,  
wanting them to know that they are cherished and loved.  
And when we wipe the faces of God's little ones,  
we are wiping the face of God.

### **Prayer**

For those whose faces we wipe  
and for those who wipe away our tears:  
God in your mercy, **hear our prayer.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us.**

*'Jesus, remember me when you come into your Kingdom'*

## **Seventh Station: Jesus Falls For The Second Time**

We adore you, O Christ, and we praise you,  
**by your holy cross you have redeemed the world.**

### **Bible reading – Isaiah 53:7**

Ill-treated and afflicted, he never said a word.  
Like a lamb led to the slaughter house,  
like a sheep dumb before its shearers,  
he never opened his mouth.

### **Meditation**

I am finding it hard to watch you,  
Jesus, to see you struggling,  
to see you on the ground.  
Into your silence I want to shout:  
'Why do they keep on hurting you?  
What have you done wrong?'

### **Prayer**

For those who today will struggle and fall:  
God in your mercy, **hear our prayer.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us.**

*'Jesus, remember me when you come into your Kingdom'*

## **Eighth Station: Jesus Meets The Women Of Jerusalem**

We adore you, O Christ, and we praise you,  
**by your holy cross you have redeemed the world.**

### **Bible reading – Luke 23:27-28**

A large crowd of people followed Jesus; among them were some women who were weeping and wailing for him. Jesus turned to them and said, 'Women of Jerusalem, don't cry for me, but for yourselves and for your children.'

### **Meditation**

Weep for the mothers and children of Jerusalem,  
for Israeli and Palestinian,  
for Jew and Arab, Muslim and Christian,  
for the strangers and sojourners in their midst.  
Pray for the peace of Jerusalem.  
Pray that her people may live together in justice.  
Pray that all people may live together in peace.

### **Prayer**

For those who live in places of conflict and danger;  
for peacemakers and peacekeepers in every land:  
God in your mercy, **hear our prayer.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us.**

*'Jesus, remember me when you come into your Kingdom'*

## **Ninth Station: Jesus Falls For The Third Time**

We adore you, O Christ, and we praise you,  
**by your holy cross you have redeemed the world.**

### **Bible reading – Isaiah 53:4–5**

He endured the suffering that should have been ours,  
the pain we should have borne.  
We thought his suffering was punishment sent by God;  
but because of our sins he was wounded,  
beaten because of the evil we did.  
We are healed by the punishment he suffered,  
made whole by the blows he received.

### **Meditation**

I am not sure if I can watch this much longer.  
In his pain I see my pain,  
in his falling I feel myself falling,  
in his cross ... in his cross I am included.  
He carried it for me –  
for me, and my enemies, and my friends.

### **Prayer**

For those whom I love,  
for those whom I struggle to love,  
for those who find me difficult to love  
God in your mercy, **hear our prayer.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon**

*'Jesus, remember me when you come into your Kingdom'*

## **Tenth Station: Jesus Is Stripped Of His Clothes**

We adore you, O Christ, and we praise you,  
**by your holy cross you have redeemed the world**

### **Bible reading – Mark 15:22–24**

They took Jesus to a place called Golgotha, which means the place of the skull. They tried to give him wine mixed with a drug called myrrh, but Jesus would not drink it.

Then they crucified him and divided his clothing among themselves, throwing dice to see who would get each piece of clothing.

### **Meditation**

Stripped now –  
of clothing  
of disciples  
of friends.

Alone.

Naked and vulnerable,  
with nothing to protect you from the pain to come.

### **Prayer**

For those deserted by friends,  
for those who are alone and vulnerable:  
God in your mercy, **hear our prayer.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us**

*'Jesus, remember me when you come into your Kingdom'*

## **Eleventh Station: Jesus Is Nailed To The Cross**

We adore you, O Christ, and we praise you,  
**by your holy cross you have redeemed the world**

### **Bible reading – Luke 23:35,49**

It was nine o'clock in the morning when they crucified him; the people stayed there watching him, the leaders jeered at him and the soldiers mocked him. Some women, his friends from Galilee, looked on at a distance.

### **Meditation**

We look on from a distance:  
a distance of time and space and culture,  
a distance of a quiet afternoon in England in Lent.  
And for us it hurts to watch Jesus dying,  
even at a distance.  
It hurts to know that we are being rescued.  
It hurts to know how much we are valued and loved.

### **Prayer**

For the depth of your love for us, we thank you.  
God in your mercy, **hear our prayer.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us**

*'Jesus, remember me when you come into your Kingdom'*

## **Twelfth Station: Jesus Dies On The Cross**

We adore you, O Christ, and we praise you,  
**by your holy cross you have redeemed the world**

### **Bible reading – Luke 23:44–46**

It was about twelve o'clock when the sun stopped shining and darkness covered the whole country until three o'clock. And the curtain hanging in the Temple was torn in two. Jesus cried out in a loud voice, 'Father in your hands I place my spirit.' He said this and died.

### **Meditation**

In your hands he placed himself:  
all that he was,  
all that he had ever been,  
all his beauty,  
all his obedience,  
all his loving.  
In God's hands he placed himself.  
He was returning to his father,  
he was going home.

### **Prayer**

For all who have died today,  
for all who love them and will miss them:  
God in your mercy, **hear our prayer.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us**

*'Jesus, remember me when you come into your Kingdom'*

## **Thirteenth Station: Jesus Is Taken Down**

We adore you, O Christ, and we praise you,  
**by your holy cross you have redeemed the world**

### **Bible reading – Mark 15:42–46**

And when evening came, Joseph of Arimathea, a respected member of the council, went to Pilate and asked for the body of Jesus. Joseph took the body down and wrapped it in a linen sheet.

### **Meditation**

Jesus is dead and lies in the arms of his mother.  
Death is hard and final  
and yet, love lives on  
In memories, dreams and the hope of heaven  
For God's children our hope is safe in God.  
From swaddling bands to grave clothes,  
all the days of our living and dying,  
we are cradled and wrapped in love  
and the promise of eternal life.

### **Prayer**

For our families and friends who have died,  
for ourselves as we carry their stories:  
God in your mercy, **hear our prayer.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us**

*'Jesus, remember me when you come into your Kingdom'*

## **Fourteenth Station: Jesus Is Laid In The Tomb**

We adore you, O Christ, and we praise you,  
**by your holy cross you have redeemed the world**

### **Bible reading – Mark 15:46–47**

Joseph placed the body in a tomb which had been dug out of solid rock. Then he rolled a large stone across the entrance. Mary Magdalene and Mary the mother of Joseph were watching and saw where the body of Jesus was placed.

### **Meditation**

The door is shut now,  
and the world sighs and waits.  
And we wait in night's darkness,  
longing for the morning,  
longing for the light.

### **Prayer**

For all who are waiting.  
For all who are longing for light:  
God in your mercy, **hear our prayer.**

**Holy God,  
holy and strong,  
holy and immortal,  
have mercy upon us**

*'Jesus, remember me when you come into your Kingdom'*

We close with the Lord's Prayer

Let us pray with confidence  
as our Saviour has taught us:

**Our Father who art in heaven,  
hallowed be thy name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.**

**For thine is the kingdom,  
the power,  
and the glory,  
for ever and ever.**

**Amen.**