



Third Sunday of Lent



Sunday 8th March 2026

St Mary's Kidlington, 10am

Website: www.kidhp.org.uk

Welcome

Hymn - AMNS 336 - All my hope on God is founded

All my hope on God is founded;
he doth still my trust renew.
Me through change and chance he guideth,
only good and only true.
God unknown, he alone
calls my heart to be his own.

Pride of man and earthly glory,
sword and crown betray his trust;
what with care and toil he buildeth,
tower and temple, fall to dust.
But God's power, hour by hour,
is my temple and my tower.

God's great goodness aye endureth,
deep his wisdom, passing thought:
splendour, light and life attend him,
beauty springeth out of naught.
Evermore from his store
new-born worlds rise and adore.

Daily doth th' Almighty Giver
bounteous gifts on us bestow;
his desire our soul delighteth,
pleasure leads us where we go.
Love doth stand at his hand;
joy doth wait on his command.

Still from man to God eternal
sacrifice of praise be done,
high above all praises praising
for the gift of Christ, his Son.
Christ doth call one and all:
ye who follow shall not fall.

Robert Bridges (1844-1930) based on the German of J. Neander (1650-80)

Greeting

In the name of the Father, and of the Son,
and of the Holy Spirit. **Amen.**

Grace, mercy and peace
from God our Father
and the Lord Jesus Christ be with you
and also with you

Prayers of Penitence

Jesus, full of the Holy Spirit,
returned from the Jordan and was led
by the Spirit into the wilderness,
where for forty days he was tempted by the devil.
Let us confess our sins remembering before God the
times when we have fallen from temptation into sin.
Wash me thoroughly from my wickedness
and cleanse me from my sin:
Lord, have mercy.
Lord, have mercy.

Make me a clean heart, O God,
and renew a right spirit within me:
Christ, have mercy.
Christ, have mercy.

Cast me not away from your presence
and take not your holy spirit from me:
Lord, have mercy.
Lord, have mercy.

Absolution

Almighty God,
who forgives all who truly repent, have mercy upon you,
pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.
Amen.

The Collect

Eternal God,
give us insight
to discern your will for us,
to give up what harms us,
and to seek the perfection we are promised
in Jesus Christ our Lord.

Amen

The Liturgy of the Word

Old Testament Reading: Psalm 95

O come, let us sing to the LORD;
let us make a joyful noise to the rock of our salvation!
Let us come into his presence with thanksgiving;
let us make a joyful noise to him with songs of praise!
For the LORD is a great God,
and a great King above all gods.
In his hand are the depths of the earth;
the heights of the mountains are his also.
The sea is his, for he made it,
and the dry land, which his hands have formed.

O come, let us worship and bow down,
let us kneel before the LORD, our Maker!
For he is our God,
and we are the people of his pasture,
and the sheep of his hand.

O that today you would listen to his voice!
Do not harden your hearts, as at Meribah,
as on the day at Massah in the wilderness,
when your ancestors tested me,
and put me to the proof, though they had seen my work.
For forty years I loathed that generation
and said, 'They are a people whose hearts go astray,
and they do not regard my ways.'
Therefore in my anger I swore,
'They shall not enter my rest.'

This is the word of the Lord.

Thanks be to God.

Hymn - Come Sound his Praise Abroad AMNS 238

Come, sound his praise abroad,
and hymns of glory sing;
Jehovah is the sovereign God,
the universal King.

He formed the deeps unknown;
he gave the seas their bound;
the watery worlds are all his own,
and all the solid ground.

Come, worship at his throne,
come, bow before the Lord;
we are his works and not our own,
he formed us by his word.

Today attend his voice,
nor dare provoke his rod:
come, like the people of his choice,
and own your gracious God.

Isaac Watts, 1674-1748

Gospel Reading

Hear the Gospel of our Lord Jesus Christ according to
John. **Glory to you, O Lord.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you,

"Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.'

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him.

Meanwhile the disciples were urging him, 'Rabbi, eat something.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Surely no

one has brought him something to eat?' Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.'

Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

This is the Gospel of the Lord. **Praise to you, O Christ**

Sermon

Chorister Motet: Turn thy face from my sins - Attwood

The Apostles' Creed

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting.
Amen.**

Prayers of Intercession

These responses may be used

Lord, in your mercy
Receive our prayer.

And at the end:

Merciful Father,
**accept these prayers
for the sake of your Son,
our Saviour Jesus Christ.
Amen.**

The Peace

Since we are justified by faith,
we have peace with God through our Lord Jesus Christ,
who has given us access to his grace.

The peace of the Lord be always with you
and also with you.

Let us offer one another a sign of peace.

Offertory Hymn - AMNS 247 - I heard the voice of Jesus say

I heard the voice of Jesus say,
"Come unto me and rest;
lay down, thou weary one, lay down
thy head upon my breast."
I came to Jesus as I was,
weary, worn, and sad;
I found in him a resting-place,
and he has made me glad.

I heard the voice of Jesus say,
"Behold, I freely give
the living water, thirsty one,
stoop down and drink and live."
I came to Jesus, and I drank
of that life-giving stream;
my thirst was quenched, my soul revived,
and now I live in him.

I heard the voice of Jesus say,
"I am this dark world's light;
look unto me; thy morn shall rise,
and all thy day be bright."
I looked to Jesus, and I found
in him my star, my sun;
and in that light of life I'll walk
till travelling days are done.

Horatius Bonar (1808-89)

Preparation of the Table

The table is prepared and bread and wine are placed upon it.

God of our journey,
as we walk with you on your path of obedience,
sustain us on our way and lead us to your glory;
through Jesus Christ our Lord.

Amen.

Eucharistic Prayer E

The Lord be with you
and also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give thanks and praise.

It is indeed right and good
to give you thanks and praise,
almighty God and everlasting Father,
through Jesus Christ your Son.

For in these forty days
you lead us into the desert of repentance
that through a pilgrimage of prayer and discipline
we may grow in grace
and learn to be your people once again.
Through fasting, prayer and acts of service
you bring us back to your generous heart.
Through study of your holy word
you open our eyes to your presence in the world
and free our hands to welcome others
into the radiant splendour of your love.

As we prepare to celebrate the Easter feast
with joyful hearts and minds
we bless you for your mercy
and join with saints and angels
for ever praising you and singing:

**Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

We praise and bless you, loving Father,
through Jesus Christ, our Lord;
and as we obey his command,
send your Holy Spirit,
that broken bread and wine outpoured
may be for us the body and blood of your dear Son.

On the night before he died he had supper with his friends
and, taking bread, he praised you.
He broke the bread, gave it to them and said:
Take, eat; this is my body which is given for you;
do this in remembrance of me.

When supper was ended he took the cup of wine.
Again he praised you, gave it to them and said:
Drink this, all of you;
this is my blood of the new covenant,
which is shed for you and for many for the forgiveness of
sins. Do this, as often as you drink it, in remembrance of me.

So, Father, we remember all that Jesus did,
in him we plead with confidence his sacrifice
made once for all upon the cross.

Bringing before you the bread of life and cup of
salvation, we proclaim his death and resurrection
until he comes in glory.

Great is the mystery of faith:

Christ has died:

Christ is risen:

Christ will come again.

Lord of all life,
help us to work together for that day
when your kingdom comes
and justice and mercy will be seen in all the
earth. Look with favour on your people,
gather us in your loving arms
and bring us with all the saints to feast at your table
in heaven.

Through Christ, and with Christ, and in Christ,
in the unity of the Holy Spirit,
all honour and glory are yours, O loving Father,
for ever and ever.

Amen

The Lord's Prayer

Believing the promises of God,
as our Saviour taught us, so we pray

**Our Father in heaven,
hallowed be your name, your kingdom come,
your will be done, on earth as in heaven.**

Give us today our daily bread.

**And forgive us our sins
as we forgive those who sin against us.**

**Lead us not into temptation;
but deliver us from evil.**

**For the kingdom, the power,
and the glory are yours,
now and for ever.**

Amen.

Breaking of the Bread

We break this bread
to share in the body of Christ.

**Though we are many, we are one body,
because we all share in one bread.**

Invitation to Communion

Come to this table, not because you must but because you may, not because you are strong, but because you are weak. Come, not because any goodness of your own gives you a right to come, but because you need mercy and help. Come, because you love the Lord a little and would like to love him more. Come, because he loved you and gave himself for you. Come and meet the risen Christ, for we are his Body.

Giving of Communion

There are two communion points, please go to the nearest one. You have the choice of receiving bread and wine together by intinction (the priest dips the bread into the wine for you), or separately bread first and then the wine from the silver shared chalice. Please indicate if you do not want us to intinct the bread for you, otherwise we will do so. If you require gluten free, please come to the front. If you prefer a blessing just come forward and ask us and we will pray a simple blessing for you.

Anthem: Wash me thoroughly - Halls

Prayer after Communion

Merciful Lord,
grant your people grace to withstand the temptations
of the world, the flesh and the devil,
and with pure hearts and minds to follow you, the only God:
through Jesus Christ our Lord.

Amen

**Father of all,
we give you thanks and praise,
that when we were still far off
you met us in your Son and brought us home.
Dying and living, he declared your love,
gave us grace, and opened the gate of glory.
May we who share Christ's body live his risen
life; we who drink his cup bring life to others;
we whom the Spirit lights give light to the world.
Keep us firm in the hope you have set before us,
so we and all your children shall be free,
and the whole earth live to praise your name;
through Christ our Lord.
Amen.**

Notices

The Blessing

Christ give you grace to grow in holiness,
to deny yourselves, take up your cross, and follow him;
and the blessing of God almighty,
the Father, the Son, and the Holy Spirit,
be among you and remain with you always.

Amen.

Recessional Hymn - AMNS 205 - Now thank we all our God

Now thank we all our God,
with heart and hands and voices,
who wondrous things hath done,
in whom his world rejoices;
who from our mother's arms
hath blessed us on our way
with countless gifts of love,
and still is ours today.

O may this bounteous God
through all our life be near us,
with ever joyful hearts
and blessed peace to cheer us;
and keep us in his grace,
and guide us when perplexed,
and free us from all ills
in this world and the next.

All praise and thanks to God
the Father now be given,
the Son, and him who reigns,
with them in highest heaven,
the one eternal God,
whom earth and heaven adore;
for thus it was, is now,
and shall be evermore.

M Rinkart (1586-1649) tr. Catherine Winkworth (1827-78)

The Dismissal

Go in peace to love and serve the Lord.
In the name of Christ.
Amen.

Organ Voluntary: Elegy - Thalben-Ball

Prayer Ministry Team

Prayer ministry is offered now the Lady Chapel and you are most welcome to come. Two members of the Prayer Ministry Team will be ready to listen and pray (name-badges on blue lanyards).

The usual rules of confidentiality apply.

If you, or someone you know, has been impacted by abuse or has concerns, please speak to our Safeguarding officer Yo Davies: 07865664451 safeguarding@kidhp.org.uk or the Diocesan safeguarding team : 01865 208295.

Safeguardingreferrals@oxford.Anglican.org

Felicity: 07821 542182

felicity@kidhp.org.uk

Oliver: 07787 991320

oliver@kidhp.org.uk

Paul: 07784 204784

curatepaul@kidhp.org.uk

Parish Office: 01865 375611

office@kidhp.org.uk