### **Good Friday 2024 – THREE HOURS AT THE CROSS**

12 noon - 3pm

## "MAN OF SORROWS" CHRIST RECRUCIFIED IN TODAY'S WORLD

# THE FIRST HOUR: Betrayal, Injustice, Abandonment Introduction and Prayer

12.00 Hymn 63 My Song is Love Unknown vs 1,3,4,5,7

Reading: John 13: 21-22, 25-30

Meditation: Betrayal

12.20 Hymn: 137 There is a green hill far away

Reading: Mark 14: 55-64 Meditation: **Injustice** 

12.40 Hymn 71 0 Dearest Lord, thy sacred head

Reading: Mark 14: 66-72 Meditation: **Abandonment** 

### THE SECOND HOUR: Prejudice, Mockery, Anger

1.00 Hymn 67 When I Survey the Wondrous Cross

Reading: Luke 10: 25-37

Meditation: Prejudice and Discrimination

1.20 Hymn 68 O Sacred Head, surrounded

Reading Luke 22: 63-71 Meditation : **Mockery** 

1.40 Solo: "He was despised": Handel's Messiah

Reading: Genesis 4: 2-14

Meditation: Anger

#### THE THIRD HOUR: Violence, Suffering, Sorrow

2.00 Choir: 'Surely he hath borne our griefs': Handel's Messiah

Reading: Isaiah 53: 1-6 Meditation: **Violence** 

2.20 Hymn

How deep the Father's love for us, How vast beyond all measure, That He should give His only Son To make a wretch His treasure. How great the pain of searing loss – The Father turns His face away, As wounds which mar the Chosen One Bring many sons to glory.



Behold the man upon a cross, My sin upon His shoulders; Ashamed, I hear my mocking voice Call out among the scoffers. It was my sin that held Him there Until it was accomplished; His dying breath has brought me life – I know that it is finished.

I will not boast in anything, No gifts, no power, no wisdom; But I will boast in Jesus Christ, His death and resurrection. Why should I gain from His reward? I cannot give an answer; But this I know with all my heart – His wounds have paid my ransom.

Reading: Mark 15: 12-20 Meditation : **Suffering** 

2.30 The Veneration of the Cross

Priest: This is the wood of the Cross on which hung the Saviour of the World

All: Come let us worship

We adore you, oh Christ, and we bless you

All: Because by your Holy Cross you have redeemed the world.

Each of us is invited to come and venerate the Cross while the choir sing:

The Reproaches - Palestrina Faithful Cross - King John IV of Portugal

2.40 The Lord's Prayer and Distribution of Communion

> We stand around the Cross to receive Communion in one kind from the Reserved Sacrament.

2.50 Reading: Isaiah 53: 7-9, 11-12:

Meditation: Man of Sorrows

Hymn 117: Praise to the Holiest in the Height

3 PM Most merciful God,

> who by the death and resurrection of your Son Jesus Christ delivered and saved the world: Grant that by faith in him who suffered on the cross

we may triumph in the power of his victory: through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen** 

All: Holy God, Holy and Strong, Holy and Immortal,

Have mercy on us.