



Sunday 10th March 2024 - 10am Online Mothering Sunday/4th Sunday in Lent

Thank you for joining us for worship today and for supporting our ministry in the parish and online. Many of you already support our work financially through standing orders or the Parish Giving Scheme. THANK YOU! If you do not already support us please consider donating online through the web site.



Service led by Revds Katie Tupling, Kelly Parsons and Pete Spiers Music by Rachel Jeremiah and David Hewett. Zoom hosted by Scott Hale

Welcome

Opening Sentences

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

The Lord be with you and also with you.

Hymn: Forty days and forty nights

thou wast fasting in the wild; forty days and forty nights tempted, and yet undefiled:

Sunbeams scorching all the day; Chilly dew-drops nightly shed; Prowling beasts about thy way; Stones thy pillow, earth thy bed.

Shall not we thy sorrows share and from earthly joys abstain, fasting with unceasing prayer, glad with thee to suffer pain?

And if Satan, vexing sore, flesh or spirit should assail, thou, his vanquisher before, grant we may not faint nor fail.

So shall we have peace divine: holier gladness ours shall be; round us, too, shall angels shine, such as ministered to thee. Keep, O keep us, Saviour dear, ever constant by thy side; that with thee we may appear at the eternal Eastertide.

Prayer of Preparation

Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. **Amen**.

Prayers of Penitence

God has shone in our hearts to give the light of the knowledge of his glory in the face of Christ.

But we have this treasure in earthen vessels to show that the transcendent power belongs to God and not to us.

As we acknowledge our human frailty, we call to mind our sins of word, deed and omission, and confess them before God our Father.

You raise the dead to life in the Spirit: Lord, have mercy.

Lord, have mercy.

You bring pardon and peace to the broken in heart: Christ, have mercy.

Christ, have mercy.

You make one by your Spirit the torn and divided: Lord, have mercy.

Lord, have mercy.

Almighty God, who forgives all who truly repent, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord. **Amen.**

The Collect

God of love, passionate and strong, tender and careful: watch over us and hold us all the days of our life; through Jesus Christ our Lord. **Amen**.

Reading Exodus 2:1-10

²Now a man from the house of Levi went and married a Levite woman. ²The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him for three months.

³When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. ⁴His sister stood at a distance, to see what would happen to him.

⁵ The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. ⁶When she opened it, she saw the child. He was crying, and she took pity on him. 'This must be one of the Hebrews' children,' she said.

⁷Then his sister said to Pharaoh's daughter, 'Shall I go and get you a nurse from the Hebrew women to nurse the child for you?' ⁸Pharaoh's daughter said to her, 'Yes.' So the girl went and called the child's mother. ⁹Pharaoh's daughter said to her, 'Take this child and nurse it for me, and I will give you your wages.' So the woman took the child and nursed it.

¹⁰When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, 'because', she said, 'I drew him out of the water.'

This is the word of the Lord.

Thanks be to God.

Gospel Reading John 19:25-27

Hear the Gospel of our Lord Jesus Christ according to John **Glory to you, O Lord.**

Meanwhile, standing near the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene.

²⁶When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, 'Woman, here is your son.' ²⁷Then he said to the disciple, 'Here is your mother.'

And from that hour the disciple took her into his own home.

This is the Gospel of the Lord.

Praise to you, O Christ

<u>Sermon</u>

The Creed

We believe in one God, the Father, the almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made.

For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary, and was made man.
For our sake he was crucified under Pontius Pilate; he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the Prophets.

We believe in one holy, catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Peace

In the tender mercy of our God, the dayspring from on high has broken upon us, to give light to those who dwell in darkness and the shadow of death, and to guide our feet into the way of peace.

The peace of the Lord be with you always and also with you

Let us offer one another a sign of peace

During the hymn the table is prepared and the bread and wine are placed upon it.

Hymn: Breathe on me, Breath of God, fill me with life anew, that I may love what thou dost love, and do what thou wouldst do.

Breathe on me, Breath of God, until my heart is pure, until with thee I will one will, to do and to endure.

Breathe on me, Breath of God, till I am wholly thine; until this earthly part of me glows with thy fire divine.

Breathe on me, Breath of God: so shall I never die, but live with thee the perfect life of thine eternity.

The Eucharistic Prayer (A)

The Lord is here **His spirit is with us.**

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God. It is right to give thanks and praise.

It is indeed right, it is our duty and our joy, at all times and in all places to give you thanks and praise, holy Father, heavenly King, almighty and eternal God, through Jesus Christ your Son our Lord.

For he is your living Word; through him you have created all things from the beginning, and formed us in your own image.

Through him you have freed us from the slavery of sin, giving him to be born of a woman and to die upon the cross; you raised him from the dead and exalted him to your right hand on high.

Through him you have sent upon us your holy and life-giving Spirit, and made us a people for your own possession.

And now we give you thanks because you give us the spirit of discipline, that we may triumph over evil and grow in grace, as we prepare to celebrate the paschal mystery with mind and heart renewed.

Therefore with angels and archangels, and with all the company of heaven, we proclaim your great and glorious name, for ever praising you and singing:

Holy, holy, holy Lord,
God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes
in the name of the Lord.
Hosanna in the highest.

Accept our praises, heavenly Father, through your Son our Saviour Jesus Christ, and as we follow his example and obey his command, grant that by the power of your Holy Spirit these gifts of bread and wine may be to us his body and his blood;

who, in the same night that he was betrayed, took bread and gave you thanks; he broke it and gave it to his disciples, saying: Take, eat; this is my body which is given for you; do this in remembrance of me.

In the same way, after supper he took the cup and gave you thanks; he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Therefore, heavenly Father, we remember his offering of himself made once for all upon the cross; we proclaim his mighty resurrection and glorious ascension; we look for the coming of your kingdom, and with this bread and this cup we make the memorial of Christ your Son our Lord.

Great is the mystery of faith:

Christ has died: Christ is risen: Christ will come again.

Accept through him, our great high priest, this our sacrifice of thanks and praise, and as we eat and drink these holy gifts in the presence of your divine majesty, renew us by your Spirit, inspire us with your love and unite us in the body of your Son, Jesus Christ our Lord.

Through him, and with him, and in him, in the unity of the Holy Spirit, with all who stand before you in earth and heaven, we worship you, Father almighty, in songs of everlasting praise:

Blessing and honour and glory and power be yours for ever and ever. Amen.

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation; but deliver us from evil. For the kingdom, the power, and the glory are yours now and forever. Amen.

Breaking of the Bread

We break this bread to share in the body of Christ.

Though we are many we are

Though we are many, we are one body, because we all share in one bread.

Jesus says, I am the bread of life, whoever eats this bread will live forever.

Lord, our hearts hunger for you;

In our homes, separated as we are,

Feed us, and give us this bread always.

Receiving of Communion

The Body of Christ, broken for you The Blood of Christ, shed for you.

Agnus Dei

Lamb of God,
you take away the sin of the world,
have mercy on us.
Lamb of God,
you take away the sin of the world,
have mercy on us.
Lamb of God,
you take away the sin of the world,
grant us peace.

Prayer after Communion

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord.. **Amen.**

Father of all, we give you thanks and praise, that when we were still far off you met us in your Son and brought us home.

Dying and living, he declared your love, gave us grace, and opened the gate of glory.

May we who share Christ's body live his risen life; we who drink his cup bring life to others; we whom the Spirit lights give light to the world.

Keep us firm in the hope you have set before us, so we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

Notices

The Blessing

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

The Dismissal

Go in the light and peace of Christ. **Thanks be to God.**

Hymn: Take up thy Cross, the Saviour said, if thou wouldst my disciple be; deny thyself, the world forsake, and humbly follow after me.

Take up thy cross – let not its weight fill thy weak spirit with alarm; his strength shall bear thy spirit up, and brace thy heart, and nerve thine arm.

Take up thy cross, nor heed the shame, nor let thy foolish pride rebel; thy Lord for thee the Cross endured, to save thy soul from death and hell.

Take up thy cross then in his strength, and calmly every danger brave; 'twill guide thee to a better home, and lead to victory o'er the grave.

Take up thy cross and follow Christ, nor think till death to lay it down; for only he who bears the cross may hope to wear the glorious crown.

To thee, great Lord, the One in Three, all praise for evermore ascend:
O grant us in our home to see the heavenly life that knows no end.

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